

Week Commencing: 8th April, 22nd April, 6th May, 20th May, 3rd June, 17th June, 1st July, 15th July, 2nd Sept, 16th Sept, 30th Sept, 14th Oct






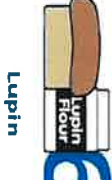








Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Chicken Goujons (2) served with potato wedges (2) and seasonal vegetables	Sausages (2,13) served with Yorkshire pudding (2,4,7), mashed potato, seasonal vegetables and gravy	Chilli con Carne served with rice, nacho's (2) and seasonal vegetables	Carvery, served with Yorkshire pudding (2,4,7), roast potatoes (13,14), seasonal vegetables and gravy	Fish Friday (2,5,9) served with chips (13), peas, beans and bread (2) and butter (7)
OPTION 2 (Vegetarian)	Cheese toastie (2,7) served with potato wedges (2) and seasonal vegetables	Vegetarian Sausages (2) served with Yorkshire pudding (2,4,7), mashed potato, seasonal vegetables and gravy	Tomato pasta (2) served with seasonal vegetables and garlic bread (2,4,7)	Quorn fillet (2), served with Yorkshire pudding (2,4,7), roast potatoes (13,14), seasonal vegetables and gravy	Mediterranean quiche (2,4,7) served with chips (13) and salad
OPTION 3	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with potato wedges (2), vegetable sticks & a side dip.	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with crisps, vegetable sticks & a side dip.		
DESSERT	Chocolate crunch (2,4) served with custard (2,4,7,13)	Cherry biscuits (2,14) or sticky toffee biscuit (2,14)	Orange jaffa cake (2,4,7,13) served with custard (2,4,7,13)	Fruit and Ice cream (7)	Melting moments (2,4,7,13,14) Crispy buns Devonshire Splits

*Fresh bread (2,4,7,13), water, juice (14), milk (7), jelly, yoghurts (7), cheese (7) and crackers (2) and fresh fruit is available daily

**Allergen free options on the above menu are also available

Allergens

1  Celery	2  Cereals containing gluten	3  Crustaceans	4  Eggs	5  Fish	6  Lupin	7  Milk	8  Molluscs
9  Mustard	10  Nuts	11  Peanuts	12  Sesame seeds	13  Soya	14  Sulphur dioxide (sometimes known as sulphites)		

Week Commencing: 15th Apr, 29th Apr, 13th May, 10th June, 24th June, 8th July, 9th Sept, 23rd Sept, 7th Oct, 21st Oct






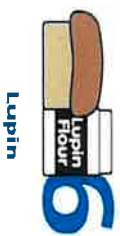








Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Chicken korma curry (7) served rice and naan bread (2,4,7,13)	Homemade pizza (2,4,7,13) served with herby diced potatoes (12,14) and seasonal vegetables	Lasagne (2,7) served with a side salad and garlic bread (2,4,7,13)	Carvery, served with Yorkshire pudding (2,4,7), roast potatoes (13,14), seasonal vegetables and gravy	Fish Friday (2,5,9) served with chips (13), peas, beans and bread (2) and butter (7)
OPTION 2 (vegetarian)	Tomato pasta (2) served with a crusty roll (2)	Homemade pizza (2,4,7,13) served with herby diced potatoes (12,14) and seasonal vegetables	Cheesy pasta (2,7) served with a side salad and garlic bread (2,4,7,13)	Quorn fillet (2), served with Yorkshire pudding (2,4,7), roast potatoes (13,14), seasonal vegetables and gravy	Fishless fingers (2) served with chips (13), peas, beans and bread (2) and butter (7)
OPTION 3	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with crisps, vegetable sticks & a side dip.	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Sandwich (2,7,12): ham, cheese (7) or tuna (4,5,7,9) served with crisps, vegetable sticks & a side dip.	Carrot cake (2,4,7,13)	
DESSERT	Fruity flapjack (2) served with custard (2,4,7,13)	Orange shortcake (2,4)	Jam cornflake Tartlet (2) served with custard (2,4,7,13)	Carrot cake (2,4,7,13)	Gingerbread people (2,4,7,13,14) Lemon biscuits (2,4,7,13,14) Jam or lemon tarts (2,4,7,13,14)

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