

Gilberdyke Primary Curriculum

Long term plan: Physical Education



EYFS	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2023-24	F1: ME & MYSELF Locomotor & Stability	F1: FUN & GAMES Locomotor	F1: DANCE Locomotor & Stability	F1: FITNESS Locomotor & Stability	F1: WORKING WITH OTHERS Locomotor & Stability	F1: MULTI-SPORTS & OLYMPICS Locomotor, Stability & Manipulation
	F2: WORKING WITH OTHERS Locomotor & Manipulation	F2: MOVEMENT DEVELOPMENT Locomotor & Stability	F2: DANCE Locomotor & Stability	F2: FITNESS Locomotor & Stability	F2: BALL SKILLS Manipulation	F2: THROWING & CATCHING Manipulation

KSI	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2023-24	OAA:ORIENTEERING Locomotor & manipulation	TAG RUGBY (Invasion Game) Locomotor/ manipulation Rules, strategies, tactics	NETBALL (Invasion Game) Locomotor & manipulation Rules, strategies, tactics	GOLF (Target Sport) Manipulation	DODGEBALL (Target Sport) Locomotor & manipulation Rules, strategies, tactics	CRICKET (Striking/Fielding Game) Locomotor & manipulation Rules, strategies, tactics
	GYMNASTICS Locomotor & stability		DANCE Locomotor & stability		TENNIS (Net/Wall Game) Manipulation Rules, strategies, tactics	ATHLETICS Locomotor & stability Manipulation

LKS2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2023-24	SWIMMING (Y4) Locomotor & stability	TAG RUGBY (Invasion Game) Locomotor/ manipulation Rules, strategies, tactics	NETBALL (Invasion Game) Locomotor & manipulation Rules, strategies, tactics	GOLF (Target Sport) Manipulation Rules, strategies, tactics	DODGEBALL (Target Sport) Locomotor & manipulation Rules, strategies, tactics	CRICKET (Striking/Fielding Game) Locomotor & manipulation Rules, strategies, tactics
	OAA ORIENTEERING (Y3) Locomotor & manipulation	GYMNASTICS Locomotor & stability		DANCE Locomotor & stability		TENNIS (Net/Wall Game) Manipulation Rules, strategies, tactics

UKS2	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
2023-24	<p>SWIMMING (Y5) Locomotor & stability</p> <p>FITNESS (Y6)</p>	<p>RUGBY (Invasion Game) Locomotor & Manipulation Rules, strategies, tactics</p>	<p>RESIDENTIAL: OUTDOOR & ADVENTUROUS ACTIVITY (Y6) Locomotor & Manipulation</p> <p>OAA: ORIENTEERING (Y5) Locomotor & Manipulation</p>	<p>HOCKEY (Invasion Game) Locomotor & Manipulation Rules, strategies, tactics</p>	<p>HANDBALL (Y5&6) (Invasion Game) Locomotor & Manipulation Rules, strategies, tactics</p> <p>(Y5) SPECIALIST 5 WK SPORT PROG – COACHES Sport Essentials – 1 x gp Sport fundamentals – 1 x gp</p> <p>BADMINTON (Y6) (Net/Wall Game) Locomotor & Manipulation Rules, strategies, tactics</p>	<p>BASKETBALL (Invasion Game) Locomotor & Manipulation Rules, strategies, tactics (3 x lessons)</p> <p>CRICKET (Striking/Fielding Game) Manipulation Rules, strategies, tactics</p>
	<p>GYMNASTICS Locomotor & stability</p>		<p>DANCE Locomotor & stability</p>		<p>BASKETBALL (Invasion Game) Locomotor & Manipulation Rules, strategies, tactics (3 x lessons)</p>	<p>ATHLETICS Locomotor & stability Manipulation</p>